



Karmveer Vitthal Ramji Shinde Shikshan Sanstha's
SHIVRAJ COLLEGE OF ARTS, COMMERCE AND D. S. KADAM
SCIENCE COLLEGE, GADHINGLAJ
DIST. KOLHAPUR (MAHARASHTRA) 4165002

7.3.1 Portray the performance of the Institution in one area distinctive to its priority and thrust within 1000 words

Response:

TITLE: SPORTS – “A SOUND MIND IN A SOUND BODY”.

Sports activities play a significant role in shaping and maintaining one's personality health. Shivraj College of Arts, Commerce and D. S. Kadam Science College, Gadhinglaj not just provides an education to students but supports the whole student body Self-development through sports. If physical education is involved, the academic curriculum greatly enhances the students' overall personality. Our institute provides a sporting environment that offers opportunities Participation, Responsibility, Satisfaction, Team spirit and Pride in what you have achieved. The institution's main vision is to bring out the innate hidden talents of our students possibility.

Physical fitness is promoted through the best sporting activities offered in institution. A significant number of our institute students come from rural areas. These students have been observed to be physically strong. Think of this as strength, sports departments keep a close eye on students who excel in sports and service. Institutes already determine a student's athletic fitness at the time of admission. The institute appointed well-qualified and experienced coaches to train and guide sport student's activities.

Our institute offers free training to outstanding sports personalities. The institute's supervision makes sports college personalities shine in the various competitions. Strong and overwhelming support develops players to bring a lot of credit at the College, University, State, National and International levels competition.

Following is the list of games participated by our students from 2017-18 to 2021-22

Sr. No.	Name of the sports
1	Cross-country
2	Hockey
3	Fencing
4	Power-Lifting
5	Yoga
6	Football
7	Chess
8	Kabaddi
9	Kho-kho
10	Boxing
11	Shooting
12	Judo
13	Wrestling
14	Cricket
15	Taekwondo
16	Soft-ball
17	Best-Physique
18	Swimming
19	Weight-Lifting
20	Cycling
21	Mallakhamb
22	100 mtr run
23	200 mtr run
24	400 mtr run
25	800 mtr run
26	1500 mtr run
27	5000 mtr run
28	10000 mtr run
29	100 m Hurdles
30	400 m Hurdles
31	Pole Vault
32	High jump
33	Triple Jump
34	Hop Step Jump
35	Decathlon

FACILITIES FOR SPORTS STUDENTS

Our students are very enthusiastic and the institute also encourages them to compete at the College, Zonal, University, State, National and International levels. The institute inculcates a spirit of participation in sports among students. For this reason, the institute annually supports sports students by handing out awards and tracksuits. Every year annual sports are arranged in the institute to encourage students and staff members. In addition to sports, students are also taught yoga. The gymnasium includes a double bar, weight machines, elliptical, powerlifting, weightlifting, 400 meter running track, Kabaddi, Kho-Kho, Football, Cricket, Hockey, Volleyball ground, Fencing field, Boxing field, Mallakhamb Hall, etc.

EVENTS ORGANIZED BY SHIVRAJ COLLEGE, GADHINGLAJ.

EVENT	YEAR
Shivaji University Inter-Zonal Fencing (Men & Women)	2017-18
Shivaji University Inter Zonal Football (Women)	2017-18
Shivaji University Inter-Zonal Athletic (Men & Women)	2018-19
Shivaji University Inter-Zonal Wrestling (Men)	2018-19
Shivaji University Inter-Zonal Wrestling (Women)	2018-19
Shivaji University Zonal Football (Men)	2019-20
Shivaji University Inter-Zonal Judo (Men & Women)	2019-20
Covid-19 Lock down 2020-21	
Shivaji University Inter-Zonal Fencing (Men & Women)	2021-22
Shivaji University Inter-Zonal Mallakhamb (Men)	2021-22
Shivaji University Inter-Zonal Rope Mallakhamb (Women)	2021-22

**OUR SPORTS STUDENTS WON THE PRIZES AT ZONAL, INTERZONAL, STATE
AND NATIONAL LEVEL.**

2017-18			
EVENT	LEVEL	NAME /TEAM	RANK
Kho-Kho	Zonal	Yesane Kiran A	Silver
		Patil Tejashri D	
		Tejam Reshma K	
		Patil Tejali R	
		Ghewade Suchitra B	
		Hasure Sonali S	
		Gade Shweta D	
		Patil Manisha R	
		Katkar Rupali S	
		Kurbetti Poonam S	
		Patil Ankita S	
		Gote Pooja B	
Football	Inter-Zonal	Patil Tejali R	Silver
		Yesane Kiran A	
		Gade Shweta D	
		Ghewade Suchitra B	
		Patil Ankita S	
		Katkar Rupali S	
		Patil Priyanka I	
		Tejam Reshma K	
		Mulik Tejaswini P	
		Kadam Rohini T	
		Khamkhar Sukanya D	
		Kamble Karuna R	
		Narvekar Shital R	
		Gavali Aarati S	
Malagi Sushma S			

		Shende Malu M	
		Gavali Priyanka S	
		Kurade Vishaka A	
		Divate Pooja A	
Hockey	Inter-Zonal	Chavan Kaveri S	Silver
		Lagali Snehal V	
		Divate Pooja A	
		Gambhir Namrata T	
		Chougule Sarala A	
		Shinde Malu M	
		Patil Tejali R	
		Kadam Rohini T	
		Narvekar Shital R	
		Gade Shweta D	
Yesane Kiran A			
Judo 63kg	Inter-Zonal	Jadhav Shital S	Silver
Judo 78kg	Inter-Zonal	Patil Priyanka I	Silver
Judo 78kg	Inter-Zonal	Khamkar Sukanya D	Gold
Fencing (Epee)	Inter-Zonal	Deshmukh Akshay M	Gold
Fencing (Epee)	Inter-Zonal	Kurade Shreyash S	silver
4x400m relay	Inter-Zonal	Narvekar Shital R	Gold(Team)
4x400m relay	Inter-Zonal	Dandgidas Namrata M	Gold(Team)
4x400m relay	Inter-Zonal	Wadam Amruta S	Gold(Team)
4x400m relay	Inter-Zonal	Jadhav Priyanka M	Gold(Team)
4x400m relay	Inter-Zonal	Shende Malu M	Gold(Team)
Wrestling FreeStyle 59kg	Inter-Zonal	Patil Shital D	silver
Wrestling	Inter-Zonal	Khamkhar Sukanya D	Gold

FreeStyle 72kg			
Yoga	Inter-Zonal	Kurunkar Rohit J	Silver
Triple Jump	Inter-Zonal	Kamble Akash A	Bronze
Cross-Country	Inter-Zonal	Hasure Sonali Shankar	Silver (Team)
Cross-Country	Inter-Zonal	Patil Vaibhav I	Gold(Team)
5000m run			Bronze
High jump	Inter-Zonal	Kate Rushikesh D	Gold
Cross-Country	Inter-Zonal	Alande Akshay B	Gold (Team)
Half-Marathon			Silver
Cross-Country			Silver
Cross-Country	Inter-Zonal	Desore Amruta N	Silver(Team)
Cross-Country	Inter-Zonal	Patil Namrata P	Silver(Team)
Cross-Country	Inter-Zonal	Chingonda Savita R	Silver(Team)
Cross-Country	Inter-Zonal	Patil Ananda G	Gold(Team)
Cross-Country	Inter-Zonal	Naik Jotiba R	Gold(Team)
Cross-Country	Inter-Zonal	Kamble Swapnil K	Gold
Cross-Country	Inter-Zonal	Patil Ankita S	Silver(Team)
Cross-Country	Inter-Zonal	Patil Ritik M	Gold(Team)
High Jump	State	Kate Rushikesh D	Silver
4x400m relay	State	Ghewade Suchitra B	Bronze
4x100m relay			Silver
4x100m relay	State	Tejam Reshma K	Silver
Yoga	State	Hajire Vaishnavi P	Gold
Fencing	AIU	Deshmukh Akshay M	Bronze
Fencing	AIU	Patil Ankita S	Bronze
2018-19			
Kho-Kho	Zonal	Yesane Kiran ananda	Silver
		Katkar Rupali Sanjay	
		Ghorpade Swapnali R	
		Magdum Varsharani A	
		Chougule kaveri B	
		Patil Kaveri M	
		Kulkarni Yogita A	
		Gawali Aarti T	

		Powar Rajashri B	
		Ghewade Suchitra B	
Hockey	Inter-Zonal	Patil Kaveri M	Silver
		Shinde Ashwini R	
		Chougule Sarala A	
		Gambhir Namrata T	
		Kadam Rohini T	
		Thorat Snehal M	
		Chavan Pranali S	
		Chavan Kaveri S	
		Patil Shweta K	
		Kulkarni Yogita A	
		Gawali Aarti T	
Wrestling(judo) w	Inter-Zonal	Patil Shital Dundhappa	Gold
Judo (63kg)	Inter-Zonal	Patil Shital Dundhappa	Gold
4X400mt	Inter-Zonal	Khamkar Komal Ramachandra	Gold
Wrestling (m)GreecoRoman	Inter-Zonal	Kurale Sudhir Suresh	Bronze
Long Jump(w)	Inter-Zonal	Vantmurekar Aaisha Mahammad	Silver
Hop Step Jump	Inter-Zonal	Vantmurekar Aaisha Mahammad	Bronze
4X100mt	Inter-Zonal	Vantmurekar Aaisha Mahammad	Gold
4X100mt	Inter-Zonal	Power Rajashree Baban	Gold
Cross- Country(W)	Inter-Zonal	Yesane Kiran Aananda	Gold
4X400mt	Inter-Zonal	Yesane Kiran Aananda	Gold
Fencing(m) Epee	Inter-Zonal	Kurade Shreyash Shrikant	Bronze
Fencing(w) Saber	Inter-Zonal	Jadhav Shriya Shrikant	Gold
Powerlifting(66 kg)m	Inter-Zonal	Nishant Dagadu Shelar	Gold

Best Phy(70to75kg)	Inter-Zonal	Jadhav Rajendra Netaji	Silver
Best Phy (75to80kg)	Inter-Zonal	Dalavi Rohit Yuvaraj	Silver
Judo (78)kg	Inter-Zonal	Patil Priyanka Irgonda	Silver
Boxing (81)kg	Inter-Zonal	Patil Priyanka Irgonda	Silver
Cross-Country	Inter-Zonal	Hasure Sonali Shankar	Gold
Cross-Country	Inter-Zonal	Waghralkar Shruti Balaram	Gold
Cross-Country	Inter-Zonal	Ghatage Akshay Ananda	Bronze
Cross-Country	Inter-Zonal	Sontakke Akash Shankar	Bronze
Cross-Country	Inter-Zonal	Jadhav Sangram Rajendra	Bronze
Cross-Country	Inter-Zonal	Patil Vaibhav Eknath	Bronze
Cross-Country	Inter-Zonal	Mohite Swapnil Arjun	Bronze
Cross-Country	Inter-Zonal	Suryavanshi Rahul Shankar	Bronze
200mt. run	Inter-Zonal	Ghevade Suchitra Balu	Bronze
100mt.run	Inter-Zonal	Ghevade Suchitra Balu	Bronze
400mt.run	Inter-Zonal	Ghevade Suchitra Balu	Bronze
4X100mt Relay	Inter-Zonal	Ghevade Suchitra Balu	Gold
4X400mt.Relay	Inter-Zonal	Ghevade Suchitra Balu	Gold
Cross-Country	Inter-Zonal	Bugude Jyoti Dattatray	Gold
Athletic High-jump	State/Ashwamedh	Kate Rushikesh D	Silver Bronze
Bst-Phy	State/Ashwamedh	Patil Nitesh V	Gold
Fencing	AIU	Jadhav Shriya S	Bronze
2019-20			
4x400m relay	Zonal	Yesane Kiran A	Gold
4x400m relay	Zonal	Kokitkar Sayli S	Gold
4x100m relay	Zonal	Magdum Prathna S	Gold

4x100 m relay	Zonal	Naik Prabhu R	Silver
Hockey	Inter-Zonal	Chavan Akash V	Silver
		Lohar Govardhan S	
		Gawade Pradip S	
		Jadhav Sachin B	
		Chitari Balasaheb V	
		Kolugade Shrikrushna B	
		Nikam Prasad S	
		Chavan Jeevan D	
		Sutar Vaibhav M	
		Desai Mahesh B	
		Kore Hemraj D	
		Matsole Vishal P	
		Jadhav Akshay M	
		Ghavade Sunil S	
Fencing (Foil) (Epee)	Inter-Zonal	Prathamkumar Rajendra Shinde	Silver Gold
Fencing (Sabre)	Inter-Zonal	Aditay Atul Angal	Gold
Fencing (Foil)	Inter-Zonal	Vipul Prashant Yedekar	Gold
Fencing (Sabre)	Inter-Zonal	Dhananjay Rajaram Jadhav	Silver
Fencing	Inter-Zonal	Patil Tejali R	Silver
Fencing	Inter-Zonal	Patil Ankita S	Bronze
4x400m relay	Inter-Zonal	Yesane Kiran A	Gold
4x100m relay	Inter-Zonal	Yesane Kiran A	Silver
Wrestling 59kg	Inter-Zonal	Patil Shital D	Bronze
10,000m run	Inter-Zonal	Kokitkar Sayali S	Silver
1500m			Silver

5000m			Bronze
4x400m relay			Gold
4x400m relay	Inter-Zonal	Chougule Kaveri B	Bronze
400m hurdles			Bronze
4x100m relay	Inter-Zonal	Magdum Prathana S	Silver
4x100 m relay	Inter-Zonal	Naik Prabhu R	Bronze
Wrestling 97kg	Inter-Zonal	Rande Rohan R	Gold
4x100m relay	Inter-Zonal	Malage Shubangi K	Silver
4x100m relay	Inter-Zonal	Kamble Snehal K	Silver
4x400m relay			Gold
4x100m relay	Inter-Zonal	Patil Tejali R	Silver
4x100m relay	Inter-Zonal	Patil Sahaji A	Bronze
4x100m relay	Inter-Zonal	Raut Tejas S	Bronze
4x400m relay	Inter-Zonal	Khamkhar Komal R	Gold
Bst-phy 85 to 90kg	Inter-Zonal	Dalavi Rohit Y	Silver
Weight-lifting	Inter-Zonal	Walke Akshay H	Gold
Yoga	Inter-Zonal	Hajire Vaishnavi P	Gold
Yoga	Inter-Zonal	Bhaigade Akshata P	Bronze
5000m run	State	Kokitkar Sayli S	Bronze
High Jump	State	Kate Rushikesh D	Silver
Fencing (Sabre)	AIU	Angal Aditya A	Silver
	National		Gold
			Bronze(Team)
Fencing (Foil)	AIU	Yedekar Vipul P	Bronze
			Silver (Team)
	National		Bronze
			Bronze(Team)
Fencing (Epee)	National	Shinde Prathamkumar R	Silver

(Foil)			Bronze
Fencing (Sabre)	AIU	Jadhav Dhananjay R	Silver (Team)
	National		Silver (Team)
Wrestling	AIU	Rande Rohan R	Gold
			Silver
Weight-lifting 109kg	AIU	Walke Akshay H	Gold
Fencing Foil	Khelo-India	Shinde Prathamkumar R	Bronze(Team)
Fencing Epee			Silver (Team)
Fencing Sabre	Khelo-India	Jadhav Dhananjay R	Silver (Team)
Fencing Sabre	Khelo-India	Angal Aditya A	Gold
			Silver(Team)
Fencing Foil	Khelo-India	Yedekar Vipul P	Bronze
			Silver(Team)
Wrestling	Khelo-India	Rande Rohan R	Gold
2020-21- Lockdown			
2021-22			
Kho-Kho	Zonal	Patil Shubhangi S	Bronze
		Jadhav Vrushali V	
		Jadhav Pallavi V	
		Patil Dipali S	
		Patole Akanksha J	
		Arade Mayuri S	
		Kapase Rutuja G	
		Patil Rutuja B	
		Desai Rutuja R	
		Kesarkar Pratiksha R	
		Chavan Snehal S	
		Chavan Manasi M	
1500m	Zonal	Shinde Prajakta P	Gold
5000m			Gold
10,000m			Silver
1500m	Zonal	Pote Bhakti S	Silver
5000m			Bronze

10,000			Silver
4x100m relay	Zonal	More Janvi A	Silver
Pole Vault	Zonal	Aarde Mayuri S	Gold
Discuss throw			Silver
400m hurdles			Bronze
4x100m relay	Zonal	Patil Sanika s	Silver
4x100m relay	Zonal	Shinde Pradnya A	Silver
Triple jump			Bronze
4x100m relay	Zonal	Patil Dipali S	Silver
Pole Vault	Zonal	Dhabale Anuja R	Bronze
4x400m relay	Zonal	Raut Tejas S	Bronze
4x400m relay	Zonal	Palkar Tushar K	Bronze
4x400m relay	Zonal	Desai Gaurang A	Bronze
10km run	Zonal	Panhalkar Onkar R	Bronze
Pole Vault	Zonal	Chougule Mahadev S	Silver
Triple jump	Zonal	Kate Rushikesh D	Gold
High jump			Silver
Pole Vault	Zonal	Magale Mahesh S	Gold
Decathlon	Inter-Zonal	Dalvi Karan A	Bronze
Yoga	Inter-Zonal	Bhaigade Akshata P	5th
Yoga	Inter-Zonal	Dabhole Omkar V	Bronze
Swimming	Inter-Zonal	Chavan Gaurav V	Gold
Wrestling 97kg	Inter-Zonal	Rande Rohan R	Gold
Grecko Roman 97kg			Gold
Wrestling 125kg	Inter-Zonal	Sidnale Shubham	Gold
Grecko Roman 125kg			Gold
Judo	Inter-Zonal	Shrungapure Rudhvi	Gold
Judo	Inter-Zonal	Patil Avduth A	Gold
Fencing Epee	Inter-Zonal	Dhabale Anuja R	Silver
Fencing Foil	Inter-Zonal	Taral Amruta A	Silver
Fencing Sabre	Inter-Zonal	Angal Aditya A	Silver
Fencing Epee	Inter-Zonal	Shinde Prathamkumar R	Gold

Foil			Silver
Fencing Sabre	Inter-Zonal	Jadhav Dhananjay R	Bronze
Fencing Foil Saber	Inter-Zonal	Yedekar Vipul P	Gold
			Gold
Fencing Foil Epee	Inter-Zonal	Yadav Dhananjay	Bronze
			Bronze
Bst-Phy 85kg	Inter-Zonal	Patil Ashish V	Gold
Bst-Phy 90kg	Inter-Zonal	Khot Yuvraj V	Gold
Bst-Phy 80kg	Inter-Zonal	Padalkar Omkar T	Gold
Bst-Phy 60kg	Inter-Zonal	Lakhe Omkar R	Bronze
Power-Lifting	Inter-Zonal	Dinde Yashwardhan S	Gold
Power-Lifting	Inter-Zonal	Wani Onkar R	Gold
Power-Lifting	Inter-Zonal	Davri Abhjit P	Bronze
Power-Lifting	Inter-Zonal	Powar Aditya S	Bronze
21km run	Inter-Zonal	Kupte Sayli B	Gold
5000m	Inter-Zonal	Shinde Prajka P	Bronze
10,000m			Gold
1500m	Inter-Zonal	Pote Bhakti S	Bronze
21km	Inter-Zonal	More Janvi A	Silver
Pole Vault	Inter-Zonal	Aarde Mayuri S	Bronze
Pole Vault	Inter-Zonal	Chougule Mahadev S	Gold
High jump	Inter-Zonal	Kate Rushikesh D	Silver
Pole Vault	Inter-Zonal	Magale Mahesh S	Silver
Mallakhamb	Inter-Zonal	Gaude Samiksha T	
		Randive Sukanya S	

		Salgude Pranali T	Gold
		Jadhav Vrushali V	
Mallakhamb	Inter-Zonal	Hannurkar Ajinkya N	Bronze
		Palkar Tushar K	
		Kamate Akash M	
		Khamkhar Gurunath A	
		Malavi Jaywant T	
		Patil Suhas S	
Fencing	STATE	Angal Aditya A	Gold
Fencing	STATE	Shinde Prathamkumar R	Gold
Fencing	STATE	Jadhav Dhananjay R	Bronze
Fencing	STATE	Yedekar Vipul P	Bronze
Fencing	AIU	Jadhav Dhananjay	Bronze
Swimming	AIU	Chavan Gaurav V	Bronze
Wrestling	AIU	Sidnale Shubham C	Bronze
Power-lifting	AIU	Wani Onkar R	Silver
Mallakhamb	AIU	Gaude Samikasha T	Bronze
Cross-Country	AIU	Pote Bhakti S	Bronze
Fencing	Khelo-India	Jadhav Dhananjay	Bronze
Swimming	Khelo-India	Chavan Gaurav V	Bronze
Mallakhamb (Rope)	Khelo-India	Gaude Samikasha T	Bronze
Yoga	Khelo-India	Dhaborle Omkar V	Silver

SPECIAL ACHIEVEMENTS

AWARDS

1. Akshay Madhukar Deshmukh of our college was honored with Shiv Chhatrapati Award of the Maharashtra Government for the year 2017-18 for his performance in the sport of Fencing.
2. Ajinkya Chougule of our college was honored with the District Sports Award in 2017 for outstanding performance in the field of sports in Kolhapur district.
3. In 2019 our college athlete Shripad Ramu Jadhav was honored with “Suvarn laksh National Sports Award” for excellent performance in National Skating Competition by “Major Dhyan Chand Sports Council India”
4. Our student Pratham Kumar Shinde owns the Asian Fencing Championship at Aman Jordan, 2019.

GENERAL CHAMPIONSHIP

1. Our college has won Shivaji University Zonal and International Athletics General Championship for nine consecutive years since 2012-13.
2. Our college has won the Cross Country Men's Division Championship 1st and Women's Division Championship 2nd. in 2016-17
3. Our college has won the Cross Country Women's Division Championship title and Men's Division runner-up in the years 2018-19.
4. In the academic year 2019- 20 our college has won the cross country championship title.
5. Omkar Vani's 4th place at the 2019 Asian Powerlifting Competition Turkey.
6. In 2021- 22 our college won Zonal and Interzonal Championship titles in Wrestling, Judo, Fencing and Mallakhamb.

INTERNATIONAL PARTICIPATIONS

- I. Our student Mr. Prathamkumar Shinde participated in the following international fencing sports.
 - 3rd to 8th March 2019 junior Asian fencing championship, at Aman Jordan.
 - 10th to 11th December 2021-Junior World Cup (Tashkent, Uzbekistan)
 - 3rd to 11th April 2021 - junior world cup fencing championship at Cairo, Egypt.
 - 7th to 11th October 2022 - Asian under 23 fencing championship at Kuwait.
- II. Our student Mr. Omkar Wani participated in Asian Powerlifting tournament in Istanbul, Turkey.
- III. Mr. Sagar Rajaram Shinde participated in International Para Games 2021 held on 17th to 19th December 2021 at Albert F Stadium, Colombo, Srilanka.
- IV. Miss. Shweta Patil of our college was appointed as an International Hockey Umpire. In 2017, she worked for the Australia for Australian Hockey league. In 2018 she worked at Bangkok in Youth Olympic Asian qualifying round. Also in 2019 she worked in the Four Nation Hockey tournament in Ireland.

SPECIAL ACHIEVEMENT OF DIRECTOR OF PHYSICAL EDUCATION

Our Director of Physical Education Dr. Rahul Magdum was included in the committee formed by the Shivaji University, Kolhapur to increase the participation of university athletes at International and Olympic level. He has been appointed as a fencing coach in first and second khelo India tournament by Shivaji University, Kolhapur. The contribution of the Director of Physical Education of our college has been significant in winning 12 medals in the “First Khelo India Tournament” and winning 12 medals in Shivaji University's championship title.

Director of Physical Education

Principal